

## Trinity ISE I – Conversation Task Pair Work – Health and Fitness

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### STUDENT A

1. You are the **EXAMINER**. You are going to ask the candidate (Student B) some questions about the topic of health and fitness. Remember, this part of the exam is interactive. The examiner and candidate are both responsible for maintaining a conversation.
2. Before you start, read the questions and think about your own answers.

1. Do you consider yourself a healthy person?
2. What type of exercise do you like doing?
3. Is all exercise good for you?
4. Are you careful about the food that you eat?
5. Have your fitness habits changed a lot throughout your life?
6. Are you going to play any sports this weekend?
7. What exercise would you do when the weather is bad?
8. Other than diet and exercise, what do we need to consider to be healthy?
9. In general, do you think people in your country have a good diet?
10. How often do you go to the doctor for a check-up?

3. In the exam you have 2 minutes for the conversation task. Ask your partner some questions from above, but don't talk for more than 2 minutes!
4. After 2 minutes, change roles. Now, you are the **CANDIDATE**. You have 2 minutes to answer the questions that the examiner (Student A) asks you.
5. Change roles again and repeat the task until you don't have any more questions.



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### STUDENT B

1. **You are the CANDIDATE.** You have 2 minutes to answer the questions that the examiner (Student A) asks you. Remember, this part of the exam is interactive. The examiner and candidate are both responsible for maintaining a conversation.
2. **After 2 minutes, change roles. Now, you are the EXAMINER.** You are going to ask the candidate (Student B) some questions about the topic of health and fitness.
3. **Before you start, read the questions and think about your own answers.**

1. What do you do to stay fit and healthy?
2. How often should people do exercise to be healthy?
3. What types of food are really good for your health?
4. Is it healthier to be a vegetarian or a vegan?
5. Do you want to change your fitness habits in the future?
6. What food do you eat that you think you should cut down on?
7. What is more important, diet or exercise?
8. Some people are worried that children don't have healthy habits. What do you think?
9. Do you have any sports facilities in the area where you live?
10. What should older people do to stay active?

4. **In the exam you have 2 minutes for the conversation task. Ask your partner some questions from above, but don't talk for more than 2 minutes!**
5. **Change roles again and repeat the task until you don't have any more questions.**



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